



Name of Organization: American Lung Association in California

- ❖ **Description of Organization:** The American Lung Association in California is a national non-profit which aims to save lives by improving lung health and preventing lung disease through will eliminating tobacco use and tobacco-related lung disease, improving the air we breathe so it will not cause or worsen lung disease, reducing the burden of lung disease on patients and their families.


State Headquarters Office: 424 Pendleton Way, Oakland CA 94621 Phone: 510-38-5864

Website:

<http://www.lungusa.org/associations/states/california/programs/asthma-programs/>

Resources Available for Schools:

Asthma 101

- ❖  Asthma 101 provides training for school personnel, parents, and childcare staff who take care of children with asthma. The trainings can be tailored for the audience, and it includes basic information about the disease, how to prevent its symptoms, and how to react in case of an emergency. For more information contact the American Lung Association in California, Yolanda Tejada, Program Coordinator: ytejeda@alac.org

- ❖ **Open Airways For Schools (OAS)**

Open Airways for Schools (OAS)[®] is a comprehensive approach to asthma education that teaches elementary schoolchildren (ages 8-11) how to manage their asthma on a daily basis so they can avoid asthma attacks and stay out of the emergency room. OAS is also designed to raise asthma awareness among parents/guardians, and to promote coordination between physicians, parents, and school officials. OAS is taught by a trained facilitator, who can be school personnel, parents, community volunteers or anyone interested in helping children learn about asthma. The American Lung Association in California offers training for those who are interested in becoming facilitators. For more information contact Liz Gregor, Program Manager: lgregor@alac.org .





❖ Kickin' Asthma

Kickin' Asthma addresses the needs of kids afflicted with asthma aged 11-16 (6th – 10th grade) who are too old for our Open Airways for Schools program (OAS), but are not yet adults. The goal of *Kickin' Asthma* is to empower kids to take control of their asthma so they can grow up with the skills needed to manage their symptoms and live a full and active life. The program is specially geared toward teens living in low-income neighborhoods who face social and economic challenges everyday. These teens often have higher rates of asthma and are more likely to end up in the emergency room. Like OAS, *Kickin' Asthma* is taught by a trained facilitator who can be school personnel, parents, community volunteers, or anyone interested in helping teens learn how to take better control of their asthma. We also offer training for interested facilitators. To order a *Kickin' Asthma* curriculum, which provides all the tools to teach Kickin' Asthma, or to learn more about the program, contact Eduard Flores at eflores@alac.org

❖ Northern California -- Camp Breathe Easy



Camp Arroyo-Livermore, California

August 1-4, 2011 For more information about Camp Breathe Easy, contact:

Eduard Flores

(510) 638-5864

eflores@alac.org

❖ Fresh Air For Little Noses



Fresh Air for Little Noses is a one-hour training program for childcare providers about tobacco, asthma, and low-toxic cleaning solutions. The program is designed to help reduce children's exposure to secondhand smoke as well as manage their asthma. For more information contact Liz Gregor, Program Manager lgregor@alac.org